

SCHOOL HEALTH REQUIREMENTS

The following information explains Lexington School's health requirements. Please read carefully.

Physical Exam: Students entering our school for the first time, and students entering Kindergarten, 6th, and 9th grades must have a physical dated within one year of the start of the new school year.

It is important the physical forms be filled out properly in order to meet state requirements. All forms must be **signed and dated by your healthcare professional**. The parent/guardian completes the top portion marked "Health History." **Your signature and date** is required. We will be unable to accept incomplete forms.

Sports Physicals: Any student participating in sports must have a current physical on file in the office. Sports physicals are good for one year from the date the exam is given. Be aware that many sports begin having camps and practices over the summer. Athletes cannot participate without a current physical.

Immunizations: All students need a series of DTP, Polio, MMR, and Hepatitis vaccines. In addition, all Pre-K through 7th grade students need a chickenpox vaccine. If your child had the disease instead of the shot, your physician must provide documentation of this on the lower portion of the physical form. Students entering 9th grade need a Tetanus booster. There must be documentation of all immunizations given.

Other requirements by the State of Illinois:

The lead screening is required for children age 6 or younger, prior to admission to preschool or kindergarten. Your healthcare professional must complete the 'Lead Risk Questionnaire' section of the physical form.

The diabetes screening is to be done for all school physicals at the required grade levels. It must be documented on the form by your healthcare professional. (This is not required on sports physicals.)

A dental exam is required for each student in Kindergarten, 2nd, and 6th grades. The deadline for turning in the dental form is May 15th of the designated year. The dental exam must have taken place within 18 months prior to the **May 15th** deadline. If the dental exam is completed during the summer, the form may be turned in along with the child's other health records at the start of the year.

An eye exam by an optometrist or ophthalmologist is required for children entering Kindergarten and for any new student enrolling for the first time. You can obtain a form from the school nurse's office, the school web site, or your eye doctor.

We recommend making your child's appointments early in the spring/summer, due to the rush that occurs at the doctor's offices in July and August each year. Please remember that physical/immunization forms must be turned in **BEFORE** the first day of student attendance. **Students will not be allowed to begin the school year until they are in compliance with these requirements.**

As always, if you have any questions or need assistance, please call the school at 309-365-2741.

Lexington School Nurse,
Pam Sinnett RN